

PATIENT NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

## MASTER HEMISPHERIC CHECKLIST

### MOTOR CHARACTERISTICS OF A RIGHT BRAIN DELAY

- Clumsiness and an odd posture
- Poor coordination
- Not athletically inclined and has no interest in popular childhood participation sports
- Low muscle tone ó muscles seem kind of floppy
- Poor gross motor skills, such as difficulty learning to ride a bike and/or runs and/or walks oddly
- Repetitive/stereotyped motor mannerisms (spins in circles, flaps arms)
- Fidgets excessively
- Poor eye contact
- Walks or walked on toes when younger

\_\_\_\_\_ TOTAL

### MOTOR CHARACTERISTICS OF A LEFT BRAIN DELAY

- Fine motor problems (poor or slow handwriting)
- Difficulty with fine motor skills, such as buttoning a shirt
- Poor or immature hand grip when writing
- Tends to write very large for age or grade level
- Stumbles over words when fatigued
- Exhibited delay in crawling, standing and/or walking
- Loves sports and is good at them
- Good muscle tone
- Poor drawing skills
- Difficulty learning to play music
- Likes to fix things with the hands and is interested in anything mechanical
- Difficulty planning and coordinating body movements

\_\_\_\_\_ TOTAL

### SENSORY CHARACTERISTICS OF A RIGHT BRAIN DELAY

- Poor spatial orientation ó bumps into things often
- Sensitivity to sound
- Confusion when asked to point to different body parts
- Poor sense of balance
- High threshold for pain ó doesn't cry when gets a cut
- Likes to spin, go on rides, swing, etc ó anything with motion
- Touches things compulsively
- A girl uninterested in makeup or jewelry
- Does not like the feel of clothing on arms or legs; pulls off clothes
- Doesn't like being touched and doesn't like to touch things
- Incessantly smells everything
- Prefers bland foods
- Does not notice strong smells, such as burning wood, popcorn, or cookies baking in the oven
- Avoids food because of the way it looks
- Hates having to eat and is not even interested in sweets
- Extremely picky eater

\_\_\_\_\_ TOTAL

**PLEASE TURN OVER AND COMPLETE BACK PAGE**

### **SENSORY CHARACTERISTICS OF A LEFT BRAIN DELAY**

- Does not seem to have many sensory issues or problems, such as a sensitivity to sound
- Has good spatial awareness (aware of surroundings)
- Has good sense of balance
- Eats just about anything
- Has a normal to above-average sense of taste and smell
- Likes to be hugged and held
- Does not have any oddities concerning clothing
- Has auditory processing problems
- Seems not to hear well, although hearing tests normal
- Delay in speaking was attributed to ear infections
- Gets motion sick and has other motion sickness issues
- Is not undersensitive or oversensitive to pain

\_\_\_\_\_ TOTAL

### **EMOTIONAL CHARACTERISTICS OF A RIGHT BRAIN DEFICIENCY**

- Spontaneously cries and/or laughs and has sudden outbursts of anger or fear
- Worries a lot and has several phobias
- Holds on to past hurts
- Has sudden emotional outbursts that appear overreactive and inappropriate to the situation
- Experiences panic and/or anxiety attacks
- Sometimes displays dark or violent thoughts
- Face lacks expression; does not exhibit much body language
- Too uptight, cannot seem to loosen up
- Lacks empathy and feelings for others
- Lacks emotional reciprocity
- Often seems fearless and is a risk taker

\_\_\_\_\_ TOTAL

### **EMOTIONAL CHARACTERISTICS OF A LEFT BRAIN DEFICIENCY**

- Overly happy and affectionate; loves to hug and kiss
- Frequently moody and irritable
- Loves doing new or different things but gets bored easily
- Lacks motivation
- Withdrawn and shy
- Excessively cautious, pessimistic, or negative
- Does not seem to get any pleasure out of life
- Socially withdrawn
- Cries easily, feelings get hurt easily
- Seems to be in touch with own feelings
- Empathetic to other people's feelings; reads people's emotions well
- Gets embarrassed easily
- Very sensitive to what others think about him or her

\_\_\_\_\_ TOTAL

### **BEHAVIORAL CHARACTERISTICS OF A RIGHT BRAIN DELAY**

- Logical thinker
- Often misses the gist of a story
- Always the last to get a joke
- Gets stuck in set behavior; cannot let it go
- Lacks social tact and/or is antisocial and/or socially isolated
- Poor time management; is always late
- Disorganized
- Has a problem paying attention

- Is hyperactive and/or impulsive
- Has obsessive thoughts or behaviors
- Argues all the time and is generally uncooperative
- Exhibits signs of an eating disorder
- Failed to thrive as an infant
- Mimics sounds or words repeatedly without really understanding the meaning
- Appears bored, aloof, and abrupt
- Considered strange by other children
- Inability to form friendships
- Has difficulty sharing enjoyment, interests, or achievements with other people
- Inappropriately giddy or silly
- Acts inappropriately in social situations
- Talks incessantly and asks the same question repetitively
- Has no or little joint attention, such as the need to point to an object to get your attention
- Didn't look at self in mirror as a toddler

\_\_\_\_\_ TOTAL

### **BEHAVIORAL CHARACTERISTICS OF A LEFT BRAIN DELAY**

- Procrastinates
- Is extremely shy, especially around strangers
- Is very good at nonverbal communication
- Is well liked by other children and teachers
- Does not have any behavioral problems in school
- Understands social rules
- Has poor self-esteem
- Hates doing homework
- Is very good at social interaction
- Makes good eye contact
- Likes to be around people and enjoys social activities, such as going to parties
- Doesn't like to go to sleepovers
- Is not good at following routines
- Can't follow multiple-step directions
- Is in touch with own feelings
- Jumps to conclusions

\_\_\_\_\_ TOTAL

### **ACADEMIC CHARACTERISTICS OF A RIGHT BRAIN DELAY**

- Poor math reasoning (word problems, geometry, algebra)
- Poor reading comprehension and pragmatic skills
- Misses the big picture
- Very analytical
- Likes "slapstick" or obvious physical humor
- Is very good at finding mistakes (spelling)
- Takes everything literally
- Doesn't always reach a conclusion when speaking
- Started speaking early
- Has tested for a high IQ, but scores run the whole spectrum; or IQ is above normal in verbal abilities and below average in performance abilities
- Was an early word reader
- Is interested in unusual topics

**PLEASE TURN OVER AND COMPLETE BACK SIDE**

- Learns in a rote (memorizing) manner
- Learns extraordinary amounts of specific facts about a subject
- Is impatient
- Speaks in a monotone; has little voice inflection
- Is a poor nonverbal communicator
- Doesn't like loud noises (like fireworks)
- Speaks out loud regarding what he or she is thinking
- Talks in your face or is a space invader
- Good reader but does not enjoy reading
- Analytical; led by logic
- Follows rules without questioning them
- Good at keeping track of time
- Easily memorizes spelling and mathematical formulas
- Enjoys observing rather than participating
- Would rather read an instruction manual before trying something new
- Math was often the first academic subject that became a problem

\_\_\_\_\_ TOTAL

### **ACADEMIC CHARACTERISTICS OF A LEFT BRAIN DELAY**

- Very good at big picture skills
- Is an intuitive thinker and is led by feelings
- Good at abstract or free association
- Poor analytical skills
- Very visual; loves images and patterns
- Constantly questions why you're doing something or why rules exist
- Has poor sense of time
- Enjoys touching and feeling actual objects
- Has trouble prioritizing
- Is unlikely to read instructions before trying something new
- Is naturally creative, but needs to work hard to develop full potential
- Would rather do things instead of observe
- Uses good voice inflection when speaking
- Misreads or omits common small words
- Has difficulty saying long words
- Reads very slowly and laboriously
- Had difficulty naming colors, objects, and letters as a toddler
- Needs to hear or see concepts many times in order to learn them
- Has shown a downward trend in achievement test scores or school performance
- Schoolwork is inconsistent
- Was a late talker
- Has difficulty pronouncing words (poor with phonics)
- Had difficulty learning the alphabet, nursery rhymes, or songs when young
- Has difficulty finishing homework or finishing a conversation
- Acts before thinking and makes careless mistakes
- Daydreams a lot
- Has difficulty sequencing events in the proper order
- Often writes letters backward
- Is poor at basic math skills
- Has poor memorization skills
- Has poor academic ability
- Has an IQ lower than expected and verbal scores are lower than nonverbal scores
- Performs poorly on verbal tests
- Needs to be told to do something several times before acting on it
- Stutters or stuttered when younger
- Is a poor speller
- Doesn't read directions well

\_\_\_\_\_ TOTAL

**COMMON IMMUNE CHARACTERISTICS OF A RIGHT BRAIN DELAY**

- Has a lot of allergies
- Rarely gets colds and infections
- Has had or has eczema or asthma
- Skin has little white bumps, especially on the back of the arms
- Displays erratic behavior ó good one day, bad the next
- Craves certain foods, especially dairy and wheat products

\_\_\_\_\_ TOTAL

**COMMON IMMUNE CHARACTERISTICS OF A LEFT BRAIN DELAY**

- Gets chronic ear infections
- Prone to benign tumors or cysts
- Has taken antibiotics more than ten to fifteen times before the age of ten
- Has had tubes put in the ears
- Catches colds frequently
- No allergies

\_\_\_\_\_ TOTAL

**AUTONOMIC CHARACTERISTICS OF A RIGHT BRAIN DELAY**

- Problems with bowels, such as constipation and diarrhea
- Has a rapid heart rate and/or high blood pressure for age
- Appears bloated, especially after meals, and often complains of stomach pains
- Has body odor
- Sweats a lot
- Hands are always moist and clammy

\_\_\_\_\_ TOTAL

**AUTONOMIC CHARACTERISTICS OF A LEFT BRAIN DELAY**

- Has a bedwetting problem
- Has or had an irregular heartbeat, such as an arrhythmia or a heart murmur

\_\_\_\_\_ TOTAL

**TAKING THE TOTAL**

Here count up the total checks you've made for left brain and right brain symptoms.

Right brain total \_\_\_\_\_

Left brain total \_\_\_\_\_

Grand Total \_\_\_\_\_

